Monday · Shiva Chants

Tuesday · Divine Mother

Wednesday · Ramakrishna

Thursday · Ramakrishna

Friday · Holy Mother

Saturday · Chandi/Divine Mother

Sunday · Gita

om śantiḥ śantiḥ śantiḥ hariḥ oṁ tat sat śrī rāmakṛṣṇārpaṇam astu 🏽

Om peace, peace, peace

May this be an offering to Sri Ramakrishna.

(śrī + rāmakṛṣṇa + arpaṇam + astu)

## MORNING PRAYERS

## HYMN OF SRI CHAITANYA

Chant the name of the Lord and his glory unceasingly That the mirror of the heart may be wiped clean, And quenched that mighty forest fire, worldly lust, Raging furiously within.

O name, stream down in moonlight on the lotus heart, Opening its cup to knowledge of thyself. O self, drown deep in the waves of his bliss, Chanting his name continually, Tasting his nectar at every step, bathing in his name, That bath for weary souls.

Various are thy names, O Lord,
In each and every name thy power resides.
No times are set, no rites are needful,
For chanting of thy name, so vast is thy mercy.
How huge then is my wretchedness
Who find in this empty life and heart,
No devotion to thy name.

O my mind, be humbler than a blade of grass; Be patient and forbearing like the tree; Take no honor to thyself, give honor to all; Chant unceasingly the name of the Lord.

O Lord and Soul of the universe, Mine is no prayer for wealth or retinue, The playthings of lust or the toys of fame. As many times as I may be reborn, Grant me, O Lord, a steadfast love for thee.

A drowning man in this world's fearful ocean Is thy servant, O Sweet One. In thy mercy, consider him as dust beneath thy feet. Ah, how I long for the day
When an instant's separation from thee, O Govinda,
Will be as a thousand years;
When my heart burns away with its desire,
And the world without thee is a heartless void.
Prostrate at thy feet let me be, in unwavering devotion,
Neither imploring the embrace of thine arms
Nor bewailing the withdrawal of thy presence
Though it tears my soul asunder.

O Thou, who stealest the hearts of thy devotees, Do with me what thou wilt— For thou art my heart's beloved, thou and thou alone.

## Salutation Hymn

sarva-dharma-sthāpakas-tvam sarva-dharma-sva-rūpakaḥ l ācāryāṇām mahācāryo rāmakṛṣṇāya te namaḥ ll

yathāgner dāhikā śakti rāmakṛṣṇe sthitā hi yā। sarva-vidyā-svarūpām tām sāradām praṇamāmy-aham [[

para-tattve sadā līno rāmakṛṣṇa-samājñayā। yo dharma-sthāpanarato vīreśaṁ taṁ namāmy-aham॥

kālindī-phulla-kamale mādhavena krīḍārata | brahmānanda namas-tubhyam sad-guro loka-nāyaka ||

yogānandaḥ premānandaś-cānye vai ye ca pārṣadāḥ। rāmakṛṣṇa-gata-prāṇāḥ sarvāns-tān praṇamāmy-aham॥

You, the establisher of all dharmas, you are the very embodiment of all dharmas, the great Teacher of teachers; to you, Ramakrishna, do we bow.

Just as the burning power of fire dwells within fire, does she dwell in Ramakrishna. To her, the embodiment of all wisdom, Ma Sarada, do we bow. Ever merged in the supreme truth, yet by the command of Ramakrishna, he was dedicated to establishing dharma; to him, the Lord of heroes, to Vivekananda, do we bow.

On a lotus, floating in the Yamuna, you are playing with Mādhava; Brahmananda, we bow to you, the sad-guru, guide of all.

To Yogananda, Premananda, and all the inner circle of the master, whose lives are utterly dedicated to Ramakrishna; to all of them do we bow.

## Chanting

gurur-brahmā gurur-viṣṇur-gurur-devo maheśvaraḥ Į gurur-eva paraṁ brahma tasmai śrī gurave namaḥ ĮĮ akhaṇḍa-maṇḍalākāraṁ vyāptaṁ yena carācaram Į tat-padaṁ darśitaṁ yena tasmai śrī gurave namaḥ ĮĮ ajñāna-timirāndhasya jñānāñjana-śalākayā Į cakṣur-unmīlitaṁ yena tasmai śrī gurave namaḥ ĮĮ

The Guru is Brahma, the Guru is Vishnu, the Guru is the Lord Shiva, the Guru is verily the Supreme Brahman. To that Guru do we bow.

To the one who has made it possible to realise Him by whom this entire universe of movable and immovable objects is pervaded; to that Guru do we bow.

To him who, with the collyrium stick of Knowledge has opened the eyes of one blinded by the disease of ignorance, to that Guru do we bow.